



## Monthly Home Calendar

To keep house running smoothly, many things are done repeatedly each month. For someone new to the caregiving world, remembering all the “ins and outs” and “when and where” can be intimidating! Setting up a monthly calendar with all the things that must be tended will help the caregiver stay on track. Consider color-coding the daily, weekly, monthly, quarterly and annual tasks. Make sure to put the color code on each page for easy reference. The following items are suggested for the Monthly Home Calendar:

Daily	Weekly	Monthly	Seasonal	Annual
Meals	Trash pickup	Bill paying	Monitor propane levels	Tax filing
Caregiving	Recycle pickup	Change AC filter	Lawn care	HVAC inspection
Self-care	Laundry as needed	Check flashlight batteries	Leaf blowing	Roof inspection
Laundry as needed	Grocery pick-up	Deeper cleaning, mopping, windows, etc.	Winterizing	Inspect fireplace and chimney
Check mailbox	General cleaning		Holiday decorating	Change smoke detector batteries
Pick up after meals	Water indoor plants		Auto maintenance	Change carbon monoxide batteries
			Gutter cleaning	
			Check plumbing for leaks	
			Treat rusty areas	
			Treat locks	
			Look for signs of mice and insects	

This is a partial listing and can be customized to meet care partners needs or circumstances.